

Circular no. 084-09



**Deutsche Lebens-Rettungs-
Gesellschaft e.V.**

Distribution Full members of the ILS
(International Life Saving Federation)

Subject: **19th International German Cup 2009**
November 19th - November 22nd 2009
in Warendorf

Präsidium

Leiter Einsatz

Ortwin Kreft

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Kürzel Kr/hf

Datum: 07.09.2009

Dear friends,

with this letter we kindly invite you to the competition

19. Internationaler DEUTSCHLANDPOKAL 2009



This event will take place in Warendorf at the "School of Sports of the German Forces" from November 19th to November 22nd 2009.

Enclosed please find the invitation conditions, the temporary program and the registration forms.

For participation, please return the filled and signed „Participation Form“ (2 pages) by mail or fax to the federal office of the DLRG before **October 19th 2009**:

**DLRG Bundesgeschäftsstelle
Ref. 2.1
Im Niedernfeld 1-3
31542 Bad Nenndorf**

**Fax: 0049-5723-955429
e-mail rettungssport@bgst.dlrg.de**

For participation in the German Cup 2009 we ask for a starting fee of 100,- € per team and a financial support of 65,- € per day for each person (up to 12 persons) for board and lodging. Every additional person has to pay the full price of 80,- €. The full price of 80 € also has to be paid for all persons for additional days .

We also ask every team to bring a cheque (value 200,- €) as a caution, which will be deposited at the organizing office.

The invitation conditions and the different forms for participating will be posted on the Internet from September 10th on at

<http://www.dlrg.de/fuer-mitglieder/einsatz-und-medizin/rettungssport/einladungswettkaempfe.html>

The „Entry form“ for the competition (with the best results of the competitors) can be filled in exclusively online at:

<https://meldung.dlrg.de/Registration.php?wkid=17&do=form&lang=en>

The Entries for board and lodging are possible from Sept.14th till Oct.25th 2009 (after this date, this account will be closed).

The Entries for Competition are possible from Oct.19th till Nov. 8th 2009 (after this, this account will be closed).

If you have questions, please contact us by phone (0049-5723-955422) or e-mail (rettungssport@bgst.dlrg.de).

Again we ask you to take care about the dates of announcement, and hope you will enroll for the competition.

We are looking forward to seeing you again in Warendorf and remain

Yours sincerely

Dr. Klaus Wilkens
- President -

Ortwin Kreft
Technical director -

Anne Lühn
- National Coach -



19. Internationaler Deutschlandpokal 2009

Rescue Swimming
November 19th to 22nd 2009
Warendorf

TEMPORARY PROGRAM

(may be changed by DLRG)

Thursday, 19.11.2009

05.00 p.m.

07.45 p.m.

Arrivals

Teammanager-Meeting

Opening Ceremony

Friday, 20.11.2009

08.30 a.m.

Start of competition

200 m obstacle swim

4 x 50 m obstacle relay

50m manikin carry

Lunch Break

100m manikin tow with fins

4x25m manikin relay

Line throw

Saturday, 21.11.2009

8.30 a.m.

Start of competition

100m manikin carry with fins

100m Rescue medley

Lunch Break

4x50m Medley relay

200m Superlifesaver

08.00 p.m.

Closing Ceremony

Sunday, 22. 11.2009

Departure



19. Internationaler Deutschlandpokal 2009

Rescue Swimming
November 19th to 22nd 2009
Warendorf

Invitation conditions

1. Aim

The implication of this event is:

- to protect and to promote the fitness and readiness for action of the lifesavers
- to entertain the friendly relations and to exchange the experiences on international level
- to present the tasks of „water rescue“ to the public

2. Official organizer

This event is organized by the technical leadership of the DLRG Executive Committee.

The responsible person is:

Ortwin Kreft, Technical Director of the DLRG Executive Committee

3. Participants

- a) Members of the ILS
- b) Regional associations of the DLRG

Each delegation should consist of:

- 1 delegation leader/team leader
- 1 coach/attendant
- 1 team (male), 5 men at the most
- 1 team (female), 5 women at the most (12 persons at most)

It's also possible to participate with only one team (male or female) or less than 5 persons per team.

All additional persons not belonging to the delegation of 12 persons, should be notified on the "Participation Form" at point 5.

All competitors have to be at least 16 years old at the first day of competition (born before Nov.19th 1993).

4. Competition/Pointscore

The competitions at the German Cup 2009 will be held according to the international rules of the ILS "Competition Manual Version 2007".

Individual events:	200 m Obstacle swim
	100 m Manikin carry with fins
	100 m Manikin tow with fins (Lifesaver)
	100 m Rescue Medley (combined)
	50 m Manikin carry
	200 m Super Lifesaver
Team events:	4x25 m Manikin Relay
	4x50 m Medley Relay (rescue tube)
	4x50 m Obstacle Relay
	Line throw

Each of the five (5) women and the five (5) men of each team can participate in five (5) individual events on maximum, which they can choose without reservation.

Out of this five (5) starts, the four (4) best individual results will be counted in the individual overall point score.

The four (4) best individual overall point scores of the women and the four (4) best individual overall point scores of the men will be counted in the team point score.

Each team can participate in all four (4) relays, which are all counted in the team overall point score.

So, the winner of the German Cup 2009 will be the team with the most points:

- points of the four (4) best women (individual overall point score)
- + points of the four (4) best men (individual overall point score)
- + points of the relays women
- + points of the relays men.

The basic of the points allocation is the valid world record, which is measured at 1.000 points. According to this, the points for each competition will be converted by formula.

5. Cost regulation

a) Starting fee

For participation in the 19. International German Cup 2009 each team has to pay a starting fee of 100,- € .

b) Costs for board and lodging

For board and lodging each team has to pay 65,- € per day for each person (up to 12 persons).

Every additional person has to pay the full price of 80,- €.

The full price of 80,- € also has to be paid for all persons for additional days (arrival date before Nov. 19th or departure later than Nov. 22nd).

After deadline for board and lodging (Oct. 25th, 2009), we will forward an invoice to the participating delegations.

We also ask every team to bring a cheque (value 200,- €) as a caution, which will be deposited at the organizing office in Warendorf during the time of competition.

Please make sure that all costs are paid **before November 08th 2009** to the following account:

Volksbank in Schaumburg eG	
nbr. of bank	255 914 13
nbr. of account	7306789000
IBAN-nbr.	DE81255914137306789000
keyword:	German Cup 2009

b) Travel expenses

Travel expenses have to be paid by the participating delegations themselves.

6. Registration

The "Participation form" (2 pages) has to be signed and sent **by mail or fax** to:

**DLRG Bundesgeschäftsstelle
Referat 2.1
Im Niedernfeld 1-3
D-31542 Bad Nenndorf
fax: + 49 5723/955-429**

e-mail: rettungssport@bgst.dlrq.de

before October 19th, 2009.

The „Entry form“ for the competition (with the best results of the competitors) can be filled in exclusively via Internet.

<https://meldung.dlrq.de/Registration.php?wkid=17&do=form&lang=en>

The Entries for board and lodging are possible from Sept.14th till Oct.25th 2009 (after this date, this account will be closed).

The Entries for Competition are possible from Oct.19th till Nov. 8th 2009 (after this, this account will be closed).

If you have questions, please contact us by phone (0049-5723-955422) or e-mail (rettungssport@bgst.dlrq.de).

Participating can be refused in case of late registration.

7. Swim suits

For this event **no** long swim suits are allowed.

Male competitors have to wear swimming briefs (free legs and free body)

Female competitors have to wear equivalent swimming costumes (free legs, free shoulders and free neck)

8. Doping tests

All competitors, coaches, team managers, officials and other involved persons follow the ILS Anti-Doping Policy.

Doping tests during the competition are scheduled. If there are new World or European records a doping test will be executed automatically.

9. Photographs and films

With the registration to the 19th Int. German Cup the participants agree on fotos, shots and suchlike which are taken in the context of the German Cup. They can be used by the DLRG for further purposes.

„Participation Form“
(return before October 19th 2009)

19. Internationaler Deutschlandpokal 2009

November 19th to 22nd 2009

Warendorf

Nation

Team manager

Address

Telephone:

e-mail

Arrival

by Car Bus Train Aircraft

Place

Date

Time

Departure

Date

Time

Sponsors

I acknowledge the invitation conditions.

Obliging signature

Participation form (2)

Nation: _____

1. Delegation/Team leader:

2. Trainer/Coach:

3. Team – female : (complete names)

1) _____
2) _____
3) _____
4) _____
5) _____

4. Team – male : (complete names)

1) _____
2) _____
3) _____
4) _____
5) _____

5. Additional participants / Referee-Judge

(not mentioned in point 1. – 4., on their own costs.)

(Name and function)

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