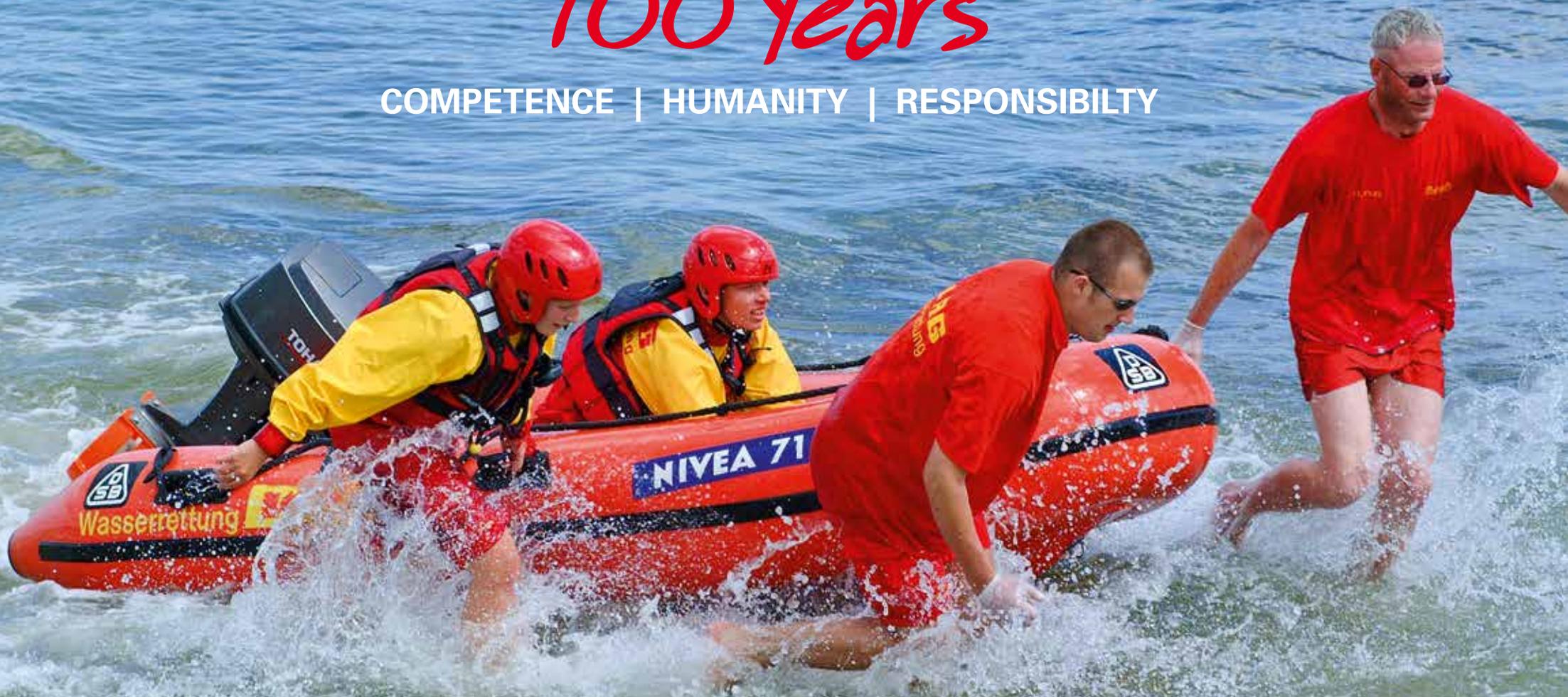


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100 Years

COMPETENCE | HUMANITY | RESPONSIBILITY





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100 YEARS DLRG - INFORMATION - EDUCATION - OPERATION

Dear Members, Sponsors, Partners & Friends,

In Binz on the island of Rügen in 1912, more than one thousand people were crowded on the Sea Bridge in anticipation of the arrival of a steamer, when suddenly a part of the pier collapsed into the sea and more than one hundred people went in with it. The result was 16 persons drowned, some of which were children. Regretfully, few of the bystanders were able to help, this due to the fact that few among them were able to swim. Nationwide at that time in 1912 the average annual rate of drowning for the country was approximately five thousand people who sadly lost their lives through drowning accidents. This disaster motivated a number of people in the community on 19th of October 1913 to found a Federation to assist in the teaching of swimming, lifesaving and water awareness. Its primary aim was the teaching of swimming to young and old, and to inform them about secure conduct and safety in, on or near water, coupled with the education of lifesavers. The establishment of this Federation was in fact the birthday of the DLRG and the start of a centenarian record of success in promoting the aims and goals of the Founding Members of the DLRG one hundred years ago. Unfortunately, only a few documents of record from those early periods remain, but we can thankfully present an impressive statistical record for the years from 1950 up to 2012 inclusive, in which more than 65.000 lifesaving tasks took place and more than 26 million persons were trained in swimming and lifesaving. The drowning death rate in the year 1913 nationwide has decreased by more than 90 per cent, which is a historical fact. The DLRG with more than 1.1 millions of Members and Sponsors is considered as one of the most efficient voluntary Lifesaving Federations worldwide, and this is achieved through the voluntary commitment and dedica-

tion in more than 2.000 Local Clubs, and up to 50.000 honorary lifesavers, who commit approximately 2 million hours of teaching and lifeguarding per year. This commitment over one hundred years, from so many dedicated people has to be appreciated and it is only because of this that our Federation (The DLRG) has grown and become the outstanding and great organisation we know, love and respect today! For many decades we have remained true to the principle tasks as envisaged by the Founding Members of the DLRG, but not alone that, over the years, we have built on and consolidated them throughout the decades since establishment. This resulting in three principle tasks which can be defined as follows:

Information: Early and continual safety information about hazards and risks on, in or near water.

Education: Education in swimming and lifesaving, general water safety awareness, first aid and resuscitation, coupled with advanced and further education of lifesavers up to tutors and operation services, which includes white water rescuing, rescue boat drivers, operation divers, radio communication, etc.

Operation: Establishing a nationwide coverage of water rescue services both inland and at the coast, coupled with a greater participation in public rescue services and disaster prevention.

Furthermore, we deal with lifesaving sport and youth welfare through encouraging involvement in the many programmes that we have on offer within the DLRG. This brochure presents in the following pages a compact summary of the wide range of activities and educational programmes on offer. The DLRG is a

member of International Life Saving (both World and European Region), Paritätischer Wohlfahrtsverband (a German charitable institution), German Olympic Committee and Deutscher Spendenrat (a German donation institution), thus we are integrated in social affairs both on the national and international scene. The DLRG is prepared to build upon and maintain into the future all that has been achieved over the past 100 years, demonstrating humanity, competency and responsibility towards saving of life from drowning such as happened on the Island of Rügen in 1912.

In the name of our Federation and its great tradition, we say "thank you" to all for supporting the aims, goals and tasks of DLRG by selfless and honorable commitment at all times, we thank the many Benefactors for their material and financial donations given generously to a humanitarian cause.

We need this same commitment that has seen us through these last hundred years and in return be assured that your service and help is highly valued, welcomed and important for a continued strong DLRG for the next hundred years.

Sincerely;

Dr. Klaus Wilkens





EDUCATION LEADS TO SAFETY EDUCATION LEADS TO SAFETY

Water is life and breathes life, but it also takes it away. Many people have differing views with regard to what water has to offer, but for most of us, it is an essential element offering joy and risk in equal measures at the same time. The oceans, rivers and lakes fascinate and give us great joy when admired or travelling on, and indeed sustain us through the provision of food also. For those of us who have experienced the refreshment when swimming or participated in water sports, they have a special understanding of the joy and fascination that water has to offer to each of us.

However, water is also a destructive power of nature with unrestrained force and unpredictable treacherousness, which has claimed uncountable human lives both in our country and worldwide. Johann Wolfgang von Goethe once wrote: "Water is a friendly element – for those who know how to dominate

it." Here the poet is greatly mistaken "Water can't be dominated, but people can learn how to cope with it and how to recognise and avoid risks. That's the task we attend to in the field of information.

Information about safe behavior in, on or near water is a good idea. Jumping into an unknown stretch of water or swimming during a thunderstorm surely cannot be considered as a safe practice. And there are many other behaviors, which can be hazardous also! Our bathing rules advise and help persons to estimate their ability and competence when participating in water related activities and therefore giving good information and sound advice with regard to safety and risk involved. The same is true during winter, the ice rules help enjoying frozen stretches of water safely.

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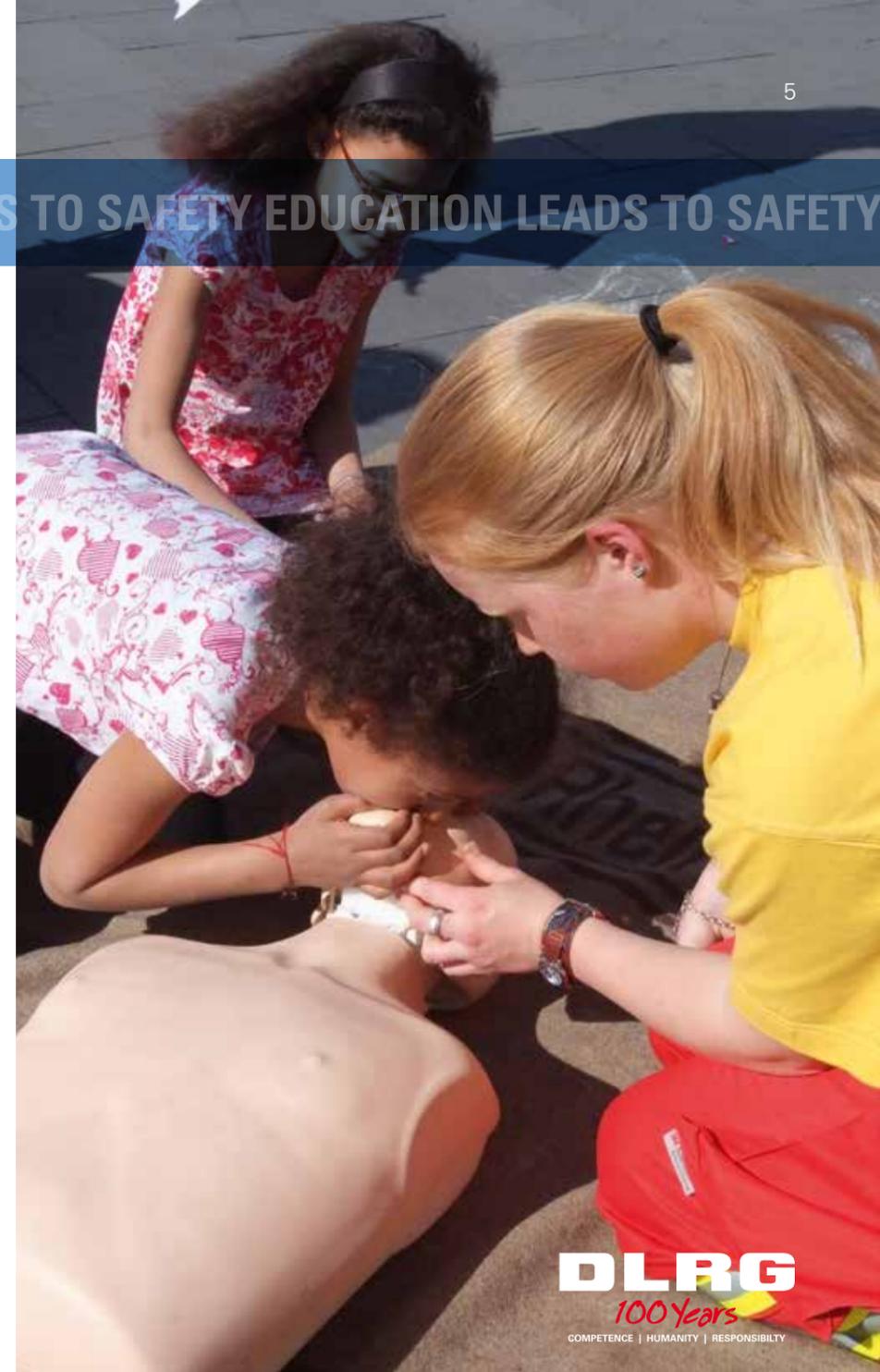
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an die DLRG, DVV und deren Mitglieder für eine erfolgreiche und professionelle Kooperation bei der Realisierung des **DLRG-Phone** Projektes

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Radlattenkennzeichnung

Wachzeiten: 15. Mai bis 15. September | Tagfahrtdienste: 08:00 - 18:00 Uhr
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Lifesavers must respond quickly and judiciously in order to save persons in danger. To master this appropriate skills and corporeal fitness are essential, as well as regular training. One of the best and most pleasing ways for young people in particular to achieve high levels of fitness and lifesaving skills is through the medium of Lifesaving Sport.

Out of this idea of rescue sport has come some of the finest motivated and young people who contribute to the philanthropic principal of saving life from drowning. Once a peripheral sport among sports worldwide, it has now become a trend setting sport performed very competitively worldwide. Over the years the DLRG have run and their members have competed to a very high standard in the national and world events. International Life Saving Federation (ILS) has developed a standard framework of rules for lifesaving competitions which is internationally acknowledged by all member Lifesaving Federations.

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SPORT IS LIFESAVER TRAINING SP



DLRG National Team

There are single and team disciplines for pool and ocean events to test the lifesaving skills of the competitors, these vary from obstacle swim, manikin rescue and including the king's discipline "oceanman/oceanwoman". In Germany, there are more than 60.000 active athletes already.

The competitive squad of DLRG forms the basis of the national team, which over the years has seen great success and honours being achieved. These include the following; European champion in 2005, 4th place in world championship 2008 and bronze medal in world championship 2010 make it one of the most successful teams worldwide. Furthermore we represent the rescue sport as leading organisation in the German Olympic Sport Committee and are one of the greatest organisations in the International Non-Olympic Committee (INOC).

Rescue sport is versatile, attractive and contrary to some estimation it is also appropriate for elder people. For these, special competition categories are established: the so-called "masters". During German Championships, Master Games, European and World Championships there are many possibilities to meet like-minded people and to match one's skills with others in fair competition. By the way: We also offer education in the field of rescue sport, for example Pool and Ocean Referee or Trainer C (rescue sport).





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