

31.

Int. German Cup 2025

Announcement

LIFESAVING SPORTS

20. - 22. November 2025

Warendorf



Partner:

 <p>Sportschule der Bundeswehr</p>	 <p>Stadt Warendorf</p>	
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0 Preliminary note

The organizer explicitly reserves the right to cancel, postpone or change the course of the events at short notice in part or as a whole due to official requirements or according to its own risk and safety assessments, as well as to introduce special regulations, in particular with regard to restrictions on participation, succession procedures, residence requirements and security measures that may conflict with the applicable regulations. This reservation is valid to all components of the following invitation. There is no liability assumed for costs incurred by business units if these contractual obligations arise with third parties, e.g. for overnight stays.

Entry fees will be refunded pro rata if cancellations or partial cancellations by the organizer are necessary. Any additional costs of the clubs cannot be refunded.

The international German Cup is planned as a traditional event:

- Opening ceremony
- Overall award ceremony in gym A
- Closing ceremony outside
- Lunch and dinner for the delegations

Attention: There are no overnight stays in the sports halls of the sports school

1 Organizer:

Organizer: Headquater DLRG e.V.
Im Niedernfeld 1-3
D – 31542 Bad Nenndorf

dp@dlrg.de

Responsible: Leadership lifesaving sports of the DLRG

2 Competition

2.1 Competition procedure / Schedule

The competition of the 31st International German Cup 2025 will be held in Warendorf from Nov. 21 to Nov. 22, 2025.

You can find the temporary schedule in **attachment No.1** for orientation, this will be a non-binding time schedule.

Please note that in particular the starting times and the order of the events may change during the competition.

2.2 Age Groups

All participants born in or before 2010 will be given a score in one age group separately for male and female participants.

2.3 Events according to ILS rulebook

A) Individual events (male/female)

- 200m Obstacle Swim
- 100m Manikin Tow with Fins
- 100m Rescue Medley
- 100m Manikin Carry with Fins
- 50m Manikin Carry
- 200m Super Lifesaver

B) Team events (male/female)

- Line Throw
- 4x50m Obstacle Relay
- 4x50m Medley Relay
- 4x25m Manikin Relay
- 4x50m Pool Lifesaver Relay

C) Team Events (mixed)

- 4x50m Mixed Pool Lifesaver Relay

Each competitor can only start once in each event.

2.4

Eligibility

Participants:

National teams of full ILS Members

A delegation may consist of the following participants:

- 1 delegation leader / team leader
- 1 coach
- 1 attendend/medical staff

Males

- Maximum number of 6 males, born in 2010 and older (combined ranking plus combined relays)
- Any number of individual athletes (male) who meet the mandatory times (see 2.4.1 and 2.5 E) and can prove them before registering. These individual athletes are not approved for relay events and the overall competition.

Females

- Maximum number of 6 females, born in 2010 and older (combined ranking plus combined relays)
- Any number of individual athletes (female) who meet the mandatory times (see 2.4.1 and 2.5 E) and can prove them before registering. These individual athletes are not approved for relay events and the overall competition.

Competitors may only start for the national association for which they are exclusively allowed to start in the current competition year.

2.4.1 Eligibility and mandatory times for individual athletes

- I. In addition to the combined ranking, outstanding specialists have the opportunity to participate in the competition if they can prove the following qualifying times. The points of these specialists are not included in the overall ranking of the delegation. The specialists are not eligible to compete in the relays.
- II. The qualifying times must have been swum in an ILS sanctioned competition, in a 50m length pool and proof must be provided with the entry form.
- III. The registration of the specialists is carried out via the regional DLRG teams or the host nations.

	Männlich	weiblich
200m Obstacle Swim	01:59,50*	02:11,62*
200m Superlifesaver	02:08,96	02:25,00
100m Rescue Medley	01:01,65	01:11,32
100m Mankin Carry with Fins	00:46,60	00:53,89
100m Manikin Tow with Fins	00:50,78	00:59,20
50m Manikin Carry	00:29,35	00:34,78

*unadjusted TOP 20 performances World Games Qualification 2025

2.5 Competition / Pointscore

Awards will be presented in the categories listed below:

The top three in each category receive medals.

For the overall ranking (category C and D), trophies will be awarded in separate rankings for German regional federations and national teams.

A) Overall individuals (separated into male/female)

Each competitor may compete in up to five individual events in accordance with sect. 2.3 A. The best four results will be included in the individual overall point score.

B) Overall relays (separated into male/female)

Each delegation can compete in up to five relays in accordance with section 2.3 B, all results (separately for males and females) will be included in the overall relay point score.

C) Overall scoring for the regional DLRG teams is the result of:

- I. The top four male and female individuals' overall scorings (A)
- II. The overall relay scoring (male and female) (B)
- III. The team scoring for the „Mixed Pool Lifesaver Relay “(mixed event 2.3 C)

D) **Overall scoring for National teams** is the result of:

- I. The top four male and female individuals' overall scorings (A)
- II. The overall relay scoring (male and female) (B)
- III. The team scoring for the "Mixed Pool Lifesaver Relay" (mixed event (2.3.C))

The evaluation A-D is based on rating points which are based on the points table of the national rulebook of the DLRG. Therefore, the world record valid before the start of the event, is set at 1000 points. The points are then awarded according to the scoring formula.

- E) Each individual event will be evaluated separately. There will be medals for the top three places.

2.5.1 Announcement of Results

Intermediate and final results will be published in the swimming hall. Objections against these results must be announced as regulated in the ILS Competition Rulebook.

2.5.2 Awards Ceremony

The **overall awards ceremony** will be held on Saturday evening in gym A.

The individual events will be honoured during the competition in the swimming hall.

2.6 Rulebook

The competition at the 31st International German Cup 2025 will be held according to the international rules of the ILS Competition Rulebook:

ILS 2025 Competition Rulebook – 2025-08-06 – Takes effect on 1 September 2025.

You find it at:

<https://www.ilsf.org/lifesaving-sport/rules/>

If the ILS publishes an update after the publication of this announcement and before the Int. German Cup 2025, the new rules will apply. Deviations which are specified in this announcement shall take precedence over the ILS rulebook. The regulations from §4 of the DLRG national rule book (as of 01.01.2024) apply in principle (deviating from the ILS rule book).

2.7 Starting/membership documents

The organizer reserves the right to carry out random checks of starting documents/membership/**ID** during all competitions.

The endorsement from the ILS full member for the national teams must be available.

2.8 Location

Location: Sportschule der Bundeswehr, Georg-Leber-Kaserne, Dr.-Rau-Allee 32, 48231 Warendorf

Lanes: Pool 50 m x 21 m with 8 lanes, **Wave-Killer Lane Ropes**

Water temperature: approx. 27 °C

Water depth: 3,71m to 1,80m

Pool for training: 25 m x 12,5m (continuous 1,80m)

2.9 Equipment

The following equipment will be provided by the organizer and has to be used by all participants according to the rules:

- Rescue tubes – Wetiz
- Obstacles
- Manikins
- Throw lines
- Podeste Superlifesaver

2.10 Officials

The invitation or nomination of the officials will be sent in a separate letter from the representative for the officials.

2.11 Doping control

In accordance with International Life Saving Federation (ILS) regulations and the implementation of the decision of the chairmanship of the Deutsche Lebens-Rettungs-Gesellschaft (DLRG), doping controls are planned for this international competition.

If there are new World or European records, a doping check will be executed in any case.

3 Registration procedure

3.1 Registration

Registration is carried out exclusively by the international ILS association via the competition portal:

<https://competition.dlrg.net/de/competitions/DP2025>.

The data protection declaration also has to be accepted (see section 9).

3.2 Registration Date

Registration deadline for the competition is **07.11.2025**

Please note that your registration needs to be processed for the competition and it can take up to 24 hours before activation. Changes of registrations after the official registration deadline will not be considered. Changes of the individual participants for an event before the start of the competition will not be accepted. Participants for the team competitions must be registered by name before the registration deadline.

Participants in team events can be exchanged as long as they fulfill all other terms and conditions of participation. The exchange must be submitted in writing by the team manager to the event management at least 30 minutes before the start of the team event.

In case of unpaid fees, participation will be denied.

The deadline has to be strictly adhered to.

3.3 Announcement of entry list

Entry lists will be published by **Nov., 11.,2025**.

Changes and adjustments after this date are no longer possible.

4 General Conditions

4.1 Accommodation and meals

The participating delegation organizes their accommodation and meals itself. A list of possible accommodation in Warendorf can be found here:

<https://www.warendorf.de/freizeit-tourismus/hotels-unterkuenfte.html>

Lunch and dinner during the competition days will be bookable via Microsoft Forms.

Breakfast will additionally be provided for the officials and the organizing committee. Both will be accommodated at the Sportschule der Bundeswehr.

4.2 References

Parking and driving within the sports school area:

Parking and driving within the Sportschule der Bundeswehr in Warendorf is prohibited, both with DLRG vehicles and with private. Parking spaces are available in front of the "Lange Wieske" entrance. All participants, helpers and officials may use this site. The entrance at the base is only available to employees who spend the night at the sports school.

4.3 Opening ceremony, award ceremony and party

A festive opening ceremony will take place on **Thursday, Nov. 21.11.2025**.

19.00	Welcome in the historic town hall by the mayor <i>Markt 1, 48231 Warendorf</i>	Invited guests, German national team, Two representatives per regional association/national team
19.30	Ceremonial opening of the German Cup Torchlight procession of the DLRG teams and national teams with musical accompaniment by the Warendorf town band <i>Zwischen den Emsbrücken 2, 48231 Warendorf</i>	
In connection	VIP-Welcome Drinks and Westphalian snacks <i>Markt 1, 48231 Warendorf</i>	Invited guests Two representatives per regional association/national team

See opening ceremony schedule.

The final awards ceremony will take place in Sports Hall A on Saturday, November 22, 2025.

The exact event locations and times will be announced in time on the event website:

www.dlrg.de/dp

5 Costs

5.1 Event Costs

Each delegation pays the following fee, depending on the number of participants:

1-4 Athletes – 250€

5-8 Athletes – 350 €

8-12 Athletes – 450 €

5.2 Travel Expenses

Travel expenses have to be paid by the participating delegation itself.

5.3 Payment Deadline

Please make sure that all costs are paid **before Nov.,11.2025** to the following account:

(please pay attention that bank charges have to be covered by the remitter):

Account holder:	DLRG e.V.
Bank:	Volksbank in Schaumburg und Nienburg e.G
IBAN:	DE81 2559 1413 7306 7890 00
BIC:	GENODEF1BCK
Subject:	26612_DP2025 and name of your team

(Please bring proof of payment (bank transfer), as no start permit will be issued if payment is not received).

Entry fees and other costs of teams and participants cannot be refunded in case of cancellation after the registration deadline or in case of absence.

6 Safety and hygiene measures

We explicitly point out that bringing of chairs of any kind is not permitted. The swimming hall has ample grandstand seats. Only athletes are allowed to stay at the inner area of the pool during their completion of the respective discipline. All other persons, in particular trainers/supervisors, are not permitted to stay there.

7 Information und communication

7.1 General communication

Any further information (starting lists, schedule, etc.) will be published exclusively at our website

<https://competition.dlrg.net/de/competitions/DP2025>

If you have any further questions or suggestions, please contact the event management and the organization team: dp@dlrg.de.

7.2 Organization office

During the competition, an organization office will be set up on site. It is located in sports hall A (opposite the swimming pool) and is well signposted.

8 Public relations

We advise all participants that during the competition of the 29th International German Cup photographs and films will be taken. Publication usually needs no additional consent of the people photographed. The DLRG photographers and camera crews take care and ensure the privacy rights of the photographed persons and will take care that other media representatives will be careful as well.

The DLRG reserves the right to continue to use images and film recordings made on its behalf for internal association purposes (e.g. presentation of rescue sports in public in general, use in information and teaching materials, posters, etc.).

For further applications, in particular of a commercial nature, the DLRG will contact the person photographed in individual cases, insofar as this is necessary according to §22 and §23 KunstUrhG.

By registering, the participants agree to the above.

9 Data protection

All personal data from registration for the 31st Int. German Cup 2025 will be stored and processed. The data protection declaration must be accepted when registering for the competition and can be viewed online.

10 Events and Deadlines

1. Publication Announcement	18.09.2025
2. Opening Competition Portal	25.09.2025
3. Registration Deadline	07.11.2025
4. Payment Deadline and further costs	10.11.2025
5. Publication Entry list	11.11.2025
8. Competition days	20.-22.11.2025

11 Attachments

The following attachments are part of the announcement:

1. Preliminary Schedule

Attachment 1 Preliminary and not binding schedule**Thursday, 20.11.2025**

15.00 - 18.00	Open training Schwimmhalle A, Sportschule der Bundeswehr <i>Dr. Rau Allee 32, 48231 Warendorf</i>	All Delegations
19.00	Welcome in the historic town hall by the mayor <i>Markt 1, 48231 Warendorf</i>	Invited guests, German national team, Two representatives per regional association/national team
19.30	Ceremonial opening of the German Cup Torchlight procession of the regional associations and nations with musical accompaniment by the Warendorf town band <i>Zwischen den Emsbrücken 2, 48231 Warendorf</i>	
In connection	VIP-Welcome Drinks and Westphalian snacks <i>Markt 1, 48231 Warendorf</i>	Invited guests Two representatives per regional association/national team

Friday, 21. November 2025			
tba	Meeting of the officials		officials
07:30	Opening swimming		
08:00	Team manager meeting		
08:30	4x25m Manikin Relay 50m Manikin Carry 100m Manikin Tow with Fins		
12:00	break		
14:30	200m Obstacle 4*50m Obstacle Relay Line Throw		
ca. 18:00	End of competition		
tba	National squad meeting DLRG DLRG	By invitation	German squad athletes
tba	Get together coaches and team managers	By registration	All coaches and team managers

Saturday, 22. November 2025			
07:30	Opening Swimming		
08:30	100m Rescue Medley 4x50m Medley Relay 100m Manikin Carry with Fins 4x50m Mixed Pool Lifesaver Relay		
12:00	break		
14:00	4x50m Pool Lifesaver Relay 200m Superlifesaver		
ca. 18:00	Award Ceremony in the gym A		all
ca. 19:00	End of competition		
afterwards	Lifesaver & Friends Party Bar One		all

Preliminary and not binding schedule, all information is subject to change.
The announcement of the speaker applies!