

Deutschlandpokal 2022
18.-19.11.2022 Georg-Leber-Kaserne Warendorf

Detailed Schedule

Estimate							time estimate per event		
start	finish	heats		gender	event	heat	event	#	heats
Friday, 18 November 2022									
installation of obstacles									
08:30		1 - 9		Female	200m Obstacle Swim	03:40	1:06:00	18	
	09:36	10 - 18		Male	200m Obstacle Swim				
							05:00		
09:41		19 - 21		Female	4x50m Obstacle Relay	03:30	0:21:00	6	
	10:02	22 - 24		Male	4x50m Obstacle Relay				
							05:00		
10:07		25 - 27		Female	Line Throw	03:30	0:21:00	6	
	10:28	28 - 30		Male	Line Throw				
removal of obstacles							10:00		
10:38		31 - 40		Female	100m Manikin Tow with Fins	03:25	1:08:20	20	
	11:46	41 - 50		Male	100m Manikin Tow with Fins				
lunch break							02:43:40		
14:30		51 - 53		Female	4x25m Manikin Relay	03:30	0:21:00	6	
	14:51	54 - 56		Male	4x25m Manikin Relay				
							05:00		
14:56		57 - 66		Female	50m Manikin Carry	02:30	0:50:00	20	
	15:46	67 - 76		Male	50m Manikin Carry				
							05:00		
15:51	16:04	77 - 79		Mixed	4x50m Mixed Pool Lifesaver Relay	04:30	0:13:30	3	
end of competition day 1							07:34:30		
Saturday, 19 November 2022									
08:30		80 - 86		Female	100m Rescue Medley	03:25	0:47:50	14	
	09:17	87 - 93		Male	100m Rescue Medley				
							10:00		
09:27		94 - 96		Female	4x50m Medley Relay	03:30	0:21:00	6	
	09:48	97 - 99		Male	4x50m Medley Relay				
							05:00		
09:53		100 - 109		Female	200m Super Lifesaver	06:00	1:48:00	18	
	11:41	110 - 117		Male	200m Super Lifesaver				
lunch break							02:18:10		
14:00		118 - 125		Female	100m Manikin Carry with Fins	02:50	0:48:10	17	
	14:48	126 - 134		Male	100m Manikin Carry with Fins				
							16:00		
15:04	17:04			Mixed	SERC	08:00	2:00:00	15	
end of competition day 2							08:34:10		
Start on the left side of the pool									
Preliminary time schedule. In case of any deviation the official announcements shall prevail.									