



# INVITATION CONDITIONS

# 22. International DLRG Cup 2018

July 19<sup>th</sup> to July 21<sup>st</sup> 2018

Warnemünde/Baltic Sea

Deadline Entry participation DLRG Cup 2018: June 29, 2018 (11:59 pm)

Entries will be published on <u>July 03, 2018</u>
Changes of incorrect entries within the next 7 days

# 1. Official organizer/Organizing body

Organizer and manager of the 22<sup>nd</sup> International DLRG Cup is the 'DLRG-Service GmbH' (DSG) in cooperation with the 'Deutsche Lebens-Rettungs-Gesellschaft e.V. (DLRG)'.

# 2. Eligibility

Eligible are club teams of the DLRG and the national teams of full members of the International Life Saving Federation (ILS) (only one team per organisation is accredited).

These teams consist of minimum one (1) and maximum ten (10) competitors. Maximum five (5) of these ten competitors have to be female or male participants.

Each competitor has to be born before July 19<sup>th</sup>, 2002 and must have a medical certificate not older than twenty-four (24) months and a member certificate of the respective national organisation.

# 3. Security procedures

The used equipment must be in the condition that every injury and danger is eliminated for the participants. Wetsuits should be worn at water temperatures below of 16° Celsius. **Wearing security lycra vests in pink is obligatory**.

If the event has to be stopped by the organizer due to outside influences (weather conditions) on security reasons, the use of the competition area is prohibited also for individual training! With registration to the DLRG Cup, all participants accept that an inobservance will lead to disqualification!

# 4. Venue

The competitions of the DLRG Cup 2018 will be held on Thursday (July 19<sup>th</sup>), starting at 1 pm, on Friday (July 20<sup>th</sup>) and Saturday (July 21<sup>st</sup>) starting at 8.00 am at the beach area in front of the "Teepott" building and the lighthouse.

# 5. Events of the 22. Int. DLRG Cup 2018

The competitions will be held according to the international rules of the ILS "International Competition Rulebook 2015-2019 Edition, revised 2017. (Change of distances, parallelism of disciplines etc. is possible.)

The following events will be held in heats, semi-finals and finals (for women and men):

women					men	
		heats	semi finals	Finals		
Surf Race	1		•	•	Surf Race	1
Board Race	1	•	•	•	Board Race	1
Surf Ski Race	1	•	•	•	Surf Ski Race	1
Oceanwoman	1		•	•	Oceanman	1
Beach Flags	1	•	•	•	Beach Flags	1
Beach Sprint	1	•	•	•	Beach Sprint	1
Beach Relay	4	•	•	•	Beach Relay	4
Board Rescue	2		•	•	Board Rescue	2
Rescue Tube Rescue	4		•	•	Rescue Tube Rescue	4
Oceanwoman Relay	4		•	•	Oceanman Relay	4
Ocean Lifesaver Relay	2		•	•	Ocean Lifesaver Relay	2

### **Event - explanation:**

### Surf Race (Laufen-Schwimmen-Laufen):

The competitors start at the line at the water's edge and run and swim a course of  $\sim 600 \text{ m}$ .

### **Board Race (Rettungsbrettwettkampf):**

The competitors start with their boards from the line at the water's edge and surround a course of  $\sim 600$  m.

### Surf Ski Race (Rettungskajakwettkampf):

With surf skis the competitors have to pass a course of ~ 700 m.

### Oceanwoman, Oceanman (Rettungstriathlon):

The competitors have to complete the course of Run-Swim-Run Race, Board Race and Ski Race. The order of these three events will be drawn by lot before the competition starts.

### **Beach Flags:**

The competitors lie face down with shrunken arms in the sand and with their toes at the starting line. With start signal they get up as quick as possible and try to get a baton (beach flag). There are less batons than competitors, so the one who fails to gain a baton is eliminated from the competition. This will be continued till only one competitor is left.

### **Beach Sprint (Strandsprint):**

The competitors run a course of ~ 90 m, wearing their allotted vests.

### 4 x 90 m Beach Relay (4 x 90m Strandsprint):

The competitors run a course of ~ 90 m, wearing their allotted vests. The relay will be realised as shuttle race with baton.

### **Board Rescue (Retten mit Rettungsbrett):**

A 'patient' and a rescuer of each team are at the starting line. At a signal the 'patients' swim to their allotted buoys and signify their arrival at the buoy. On receiving this signal the rescuer paddles with his board to his 'patient'. In the pick up area (the seaward side of the buoy) the rescuer gets his 'patient' up on the board. Both together return to the finishing line, while they always have to be in contact with the board.

### **Rescue Tube Rescue (Retten mit Gurtretter):**

The team consists of four persons - a 'patient', a swimmer and two rescuers. At a signal the 'patients' swim to their allotted buoys and signify their arrival at the buoy. On receiving this signal the rescuer take his fins and swims with his rescue tube to his 'patient'. In the back of the buoy the 'patient' will be clipped into the rescue tube and the swimmer pulls him back to the beach. At this moment the rescuers are permitted to enter the water and to assist the rescue tube swimmer to bring the 'patient' back to the beach. The rescuers have to drag or carry the 'patient' over the finishing line.

### Oceanwoman/ Oceanman Relay (Gemischte Rettungsstaffel):

One of the four participants of each team competes in the Run-Swim-Run Race, one in the Ski Race, one in the Board Race and one in the Beach Sprint. The order of the events will be drawn by lot before the competition starts.

### Ocean Lifesaver Relay:

Is a variation of the Oceanwoman/Oceanman Relay (mixed team, 2 female, 2 male athletes). All conditions and rules are the same as in the Oceanman Relay, except the order of the disciplines is fixed with run-swim-run, board race, ski race and beach sprint. The several disciplines will be chosen by lot to the gender.

# 6. <u>Time schedule/disciplines DLRG Cup 2018</u>

Women	Time	Men	
	Thursday, July 19		
	1 p.m.		
Beach Sprint		Beach Sprint	
Beach Relay		Beach Relay	
Surf Race heats		Surf Race heats	
	Friday, July 20		
	8 a.m.		
Beach Flags heats		Oceanman heats	
Oceanwoman heats		Beach Flags heats	
Surf Race finals		Surf Race finals	
OPENING CEREMONY	11:30 a.m.	OPENING CEREMONY	
	12:30 a.m.		
Beach Flags finals		Beach Flags finals	
Board Rescue Race		Board Rescue Race	
Board Race		Ski Race	
Ocean Lifesaver Relay	Mixed	Ocean Lifesaver Relay	
	Saturday, July 21		
	8 a.m.		
Rescue Tube Race		Board Race	
Ski Race		Rescue Tube Race	
Oceanwoman finals	Eliminatorversion	Oceanman finals	
Oceanwoman Relay		Oceanman Relay	
ENDING CEREMONY	7:30 p.m.	FINAL CEREMONY	
AWARD CEREMONY	9 p.m.	AWARD CEREMONY	

The organizer is allowed to change order of events and starting times anytime. The schedule is only a guideline. Decisive are the disciplines and times which are declared by the speaker at the team manager's meeting at day of competition.

To guarantee a smooth course, all team managers are asked to be at the meeting point at the (in advance) published times or when the team manager's meeting is called out. Please notice that only team managers and coaches should be present at the meetings.

# 7. Classification DLRG Cup 2018

### Individual events:

The best three single competitors get medals.

### **Relay events:**

The best three teams get medals.

### "Three individual events" classification (women and men):

This is a separate classification. Each competitor is regarded as an individual starter.

The points of the best three (3) individual events of a competitor are added up.

However each competitor can at most report for four (4) individual events.

The best three competitors will get medals and the winner female and male will get a cup.

### **DLRG Cup - Classification**

The best four (4) female and four (4) male competitors of each team in the "three individual events" are added up, plus the points of the three best relays (male and female), plus the points of the Ocean Lifesaver Relay. Each team can only report with one (1) team (male and female) for the relays.

The best three national teams of the DLRG Cup classification will get cups.

# **Pointscore**

+	20 points	for a first place (1.)	+	8 points	for a ninth place (9.)
+	18 points	for a second place (2.)	+	7 points	for a tenth place (10.)
+	16 points	for a third place (3.)	+	6 points	for a eleventh place (11.)
+	14 points	for a fourth place (4.)	+	5 points	for a twelfth place (12.)
+	13 points	for a fifth place (5.)	+	4 points	for a thirteenth place (13.)
+	12 points	for a sixth place (6.)	+	3 points	for a fourteenth place (14.)
+	11 points	for a seventh place (7.)	+	2 points	for a fifteenth place (15.)
+	10 points	for an eighth place (8.)	+	1 point	for a sixteenth place (16.)

# 8. Equipment

Competition equipment (e.g. Rescue Tubes) are placed at the competitors disposal.

Also a small number of boards, rescue skis and paddles are available for the competitors, but only at the days of competition, and without any claim to definite materials out of this equipment pool. It is not possible to start at a later heat, semi-final or final if equipment pool is empty. The equipment pool is available only for competition.

The charge for renting one of the materials is 5,- EUR each, the deposit money is 50,- EUR each. The borrowed equipment is only available on competition days and has to be returned directly after each respective heat. In case of non-compliance the organizer may deduct a part of the deposit.

Competitors are permitted to use own equipment if it is scrutinized by the judge.

To stay in time with the timetable of the DLRG Cup we point out, that the events will partially run to parallel. That also means, there is no possibility to wait, if a competitor can't get the competition equipment in time.

The organizer informs the participants that there possibly will be a scrutineering of the equipment (randomly).

The organizer reserves the right to brand the equipment (also the scrutinized equipment). The participating teams are not allowed to show their own sponsors, when they are in concurrence to the event-sponsor. Therefore the participating teams have to notify their sponsors by email to the DSG, <a href="mailto:dsg@dlrg.de">dsg@dlrg.de</a>. In case of non-compliance, the organizer may withdraw the eligibility to start till end of competition.

### Lycra vests

Every competitor has to wear a pink lycra vest. International teams can use their own lycras, when they are pink coloured, or they can be provided by DLRG-Materialstelle at beginning of the season, some lycras will also be offered in Warnemünde in the organisation office.

The competitors also have to wear their (own) team-caps, which are to be fixed under the chin, at each event.

### Trailer, Boards, Skis and Tents

There will be a marked area for the competitors` equipment and/or trailer. Please use only these areas and bring boards and skis which are not in use away from the competition area.

Trailer and tents have to be signed with a name and a telephone number for reachability.

Tents have to be set up safe within the marked area, please think of the weather conditions, the team is responsible for the safety. The organizer assumes no liability for loss, theft or accidental damage for the tents and equipment. To provide enough space for the trailers, boards and skis, we ask all teams to give us the necessary information in advance. Also we indicate, that it is not allowed to drive at or to the beach. Teams have to bring their trailer and equipment by hand to the storage area.

### Following time sequences are planned for transport of trailers to the beach:

Thursday, July 19: 8.30 to 10.00 am and possibly in the afternoon

Saturday, July 21: till around 4.00 pm Sunday, July 22: 9.00 to 12.00 am

These data may be changed in case of needs. Significant is the order of the personal at the barrier.

# 9. Costs

### a.) Entry fee for the DLRG Cup 2018:

The international teams will be invited. They don't have to pay any entry fee.

The binding entry form has to be done by online-registration, not later than June 29th, 2018.

The binding entries will be published on July 03<sup>th</sup>. From then you have 7 days time for sending an objection if changes are necessary. After that deadline there is no option for changes or deregistration. A refund of charge is not possible (neither in case of illness and not-arriving).

### b.) Board and lodging:

The teams are requested to organize their board and lodging by themselves.

For this, the tourist office in Warnemünde will help you:

Phone: +49 381 / 5 48 00 - 10 Fax: +49 381 / 5 48 00 - 30 Email: eMail: tourismuszentrale@rostock.de <u>www.warnemuende.de</u>

### Please note that it is high season, so organize now!

Some addresses:

WIRO Jugend-Wohnheim, Schleswiger Str. 4, 18109 Rostock -Lichtenhagen,

Tel.: +49 381 7764610, Fax:+49 381 7764618,

email: sw@wiro.de www.wiro.de (~ 5 KM to the beach)

Gästehaus Lütten-Klein, Warnowallee 23-24, 18107 Rostock-Lütten-Klein,

Tel.:+49 381 776970, Fax:+49 381 7698911,

email: info@gaestehaus-rostock.de, www.gaestehaus-rostock.de (~ 6 KM to the beach)

Appartementhaus Stephan Jantzen, Am Alten Strom 109, 18119 Warnemünde,

Tel.: +49 381 5198330 Fax: +49 381 5198340

email: info@appartementhaus-stephan-jantzen.de (~ 200m to the beach)

### c.) Costs for ending ceremony:

The price for participating in the ending ceremony and dinner on Saturday evening is € 10,00 per person (also attendants). You have to book this online on the entry form, this is obligatory to have dinner and take part in the party. Guests can – if available – buy a ticket at 15,00 €/person. For entrance and award ceremony a valid ticket is necessary!

Please pay the amount for these costs by cash at arrival at the local organisation office.

Attention: It is not allowed to bring drinks and bottles into the area of the ending ceremony. Please note, that the ending ceremony is part of the competition. Sportsmanship and arrival on time is expected.

### d.) Travelling expenses:

The travelling expenses have to be taken by the participants.

The organizer has the right to consider the participation of teams and/ or competitors upon receipt of entry by online-registration, before June 29<sup>rd</sup>, 2018. The organizer also may refuse the permission to start if online-registration is missing or made after deadline.

# 10. Registration

Registration for the 22. International DLRG Cup 2018 in Warnemünde can only be done online at <a href="https://organet.info/">https://organet.info/</a>.

Following data are fixed and binding:

Registration and entry for competition: not la

not later than June 29th, 2018.

# Please register as early as possible! Limited attendance!

**Please note:** with the registration to the DLRG Cup the participants agree, that photos, shots etc., which are taken in the context of the DLRG Cup, can be used by the DLRG for further purposes. This includes also the use of these information in social media, e.g. facebook etc. These photos, shots, etc. may also be made by drones, placed by the organizer.

It is not allowed to activate your own drones on the competition area and athletes-village!

# 11. Competition Registration at location

The local registration of the teams in Warnemünde (competition documents, heat lists, vests, trailer ...) is possible by the team manager in the tent (organization office) at the competition area in front of the "Teepott" building and the lighthouse:

Wednesday evening, July 18<sup>th</sup>, 2018: **9:00 pm to 10:00 pm**Thursday, July 19<sup>th</sup>, 2018 **9:00 am to 12:00 am**and **3:00 pm to 4:30 pm** 

3:00 pm to 4:30 pm (for teams who will not partici-

pate in the beach sprint events)

# 12. Doping tests

All competitors, coaches, team managers, officials and other involved persons follow the ILS Anti-Doping Policy. **Doping tests** during the competition are scheduled.

We would like to ask you to enrol numerously for the competition and look forward to seeing you in Warnemünde.

Yours sincerely

Signed: Henning Bock - General Manager - signed: Carsten Schlepphorst

Vice Director of Rescue Services

### Contact:

DSG

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